

31 March 2020 COVID-19 staff update

Hi everyone

Hope you are all adjusting to the new reality of living in your bubble. Dinghy and I have been in touch with all Agency staff and I'm pleased to advise that everyone, along with their families, is OK.

For updates on the latest situation with Covid-19, please check out www.covid19.govt.nz – new information is being added each day.

Recent updates include:

Guidance on shopping safely

<https://covid19.govt.nz/latest-updates/guidance-for-shopping-for-essentials/>

New process to help people get essential non-food items

<https://covid19.govt.nz/latest-updates/new-process-will-help-people-get-essential-non-food-items/>

Looking after your mental health

<https://covid19.govt.nz/help-and-advice/for-everyone/looking-after-your-mental-health/>

Remember that you can access the Employee Assistance Programme (EAP) for free and in confidence. You can call EAP Services on **0800 327 669** directly between 8.00am and 7.00pm Monday to Friday. All services are also available via telephone, face to face, video or web e-counselling.

Stay safe everyone! Talk tomorrow. Might have a quiz tomorrow - if there is any content you would like added to the daily updates please just let me know.

Regards

Michelle Wessing
CHIEF OF STAFF



Covidiot (noun)

A person who stubbornly ignores the social distancing practice of staying 2 metres apart, thus helping to further spread COVID-19.