

PRRA Staff Daily Update – Friday 3 April 2020

Hi everyone- Let us know if it's casual Friday at your place! Send photos of you in working from home mode!!

It's Friday and daylight saving ends this weekend. Remember to put your clocks back one hour on Saturday night.



A Message from Emma about the new text alert system Thursday 2 April 2020

Hope you are well at home and families are all safe in the bubble.

I am pleased to let you know that the text alert system is now active! We have chosen to use a Vodafone web-based tool, which can send a text to all staff, contractors and agency partners at once.

There is also the ability to break it into groups e.g. Mine Site, Office Team, Management Team. These groups will allow us to create specific messaging depending on the audience.

In the future I can also see potential for sending links out to the engagement survey so people can complete from the comfort of their lounge J

Thank you to Michelle and Matt S for helping to get this tool off the ground.

Have a lovely evening.

Em

Updates from www.covid19.govt.nz

New scheme helps essential workers take leave

<https://covid19.govt.nz/latest-updates/new-scheme-helps-essential-workers-take-leave/>

WhatsApp channel for COVID-19 information

<https://covid19.govt.nz/latest-updates/whatsapp-channel-for-covid-19-information/>

Domestic flights for foreign nationals returning home

<https://covid19.govt.nz/latest-updates/domestic-flights-for-foreign-nationals-returning-home/>

A Message from the Mental Health Foundation of New Zealand

COVID-19 is changing everything for all of us. It's all right to feel scared, stressed, anxious or overwhelmed. Sometimes we feel like that, too.

Our new *All Right?* campaign: [Getting Through Together - Whāia E Tātou Te Pae Tawhiti](#) is here to help with that.

At the heart of Getting Through Together are three key messages:

- Isolation, not isolated
- Aroha from afar
- Distance, not distant.



All Right? is a partnership between the Mental Health Foundation of New Zealand and Community and Public Health (a division of the Canterbury District Health Board). We're using the expertise we've developed over many years together to share the things we know are important to help you look after your wellbeing and the wellbeing of your whānau, colleagues and community as we unite against COVID-19.

Subscribe to **GETTING THROUGH TOGETHER**

Will catch up with you again next week.

Take care everyone and stay safe!

Best regards Michelle